



HIMALAYAN

HEALTH & HEARING INC.
COMPASSION IN *Action*



PELVIC ORGAN PROLAPSE PROGRAM (POP) - NEPAL

Himalayan Health & Hearing has been operating in remote areas of Nepal and India since 2010. Sadly we see other suffering and we can not walk away without an intense desire to do something about it. And, so *“We shall overcome someday”*

In 2015, Himalayan Health & Hearing has partnered with Shechen Clinic & Hospice and the Community Family Welfare Assc. to relieve the silent suffering of 10,000 women in Dhanusha District, Nepal.

There is an urgent need to:

- **Erase the social stigma** related to PoP, and encourage more women to actively participate in its prevention as well as to seek treatment for advanced cases;
- Increase the dissemination of information related to how PoP can be prevented, and the different levels of treatments available for stages of PoP;
- **Ensure complete empowerment** and capacity building of women's groups to address PoP issues in their locality.
- Ensure that local Nepali Government health posts are proactive in addressing PoP issues in their jurisdiction.



You Can Help

www.himalayanhealthandhearing.org/pop-programme/

OUR ROLE:

To ensure funding in the Dhanusha District (approx. A\$17,000)

- 10 Village Development Committees
- target 25,000 women of which 10,000 may need assistance

HOW:

Formal agreements wherein the Community Family Welfare Association (CFWA) and Shechen Clinic and Hospice shall implement (CFWA) and supervise, monitor and report (SC&H) to HH&H.

Only we can help this group of women – their pain is our burden until sorted

Donate Today

www.himalayanhealthandhearing.org

All donations over \$2 are tax deductible in Australia